



Comprehensive. Quality. *Healthcare.*

C160.M Gender-Specific SUD Treatment Needs of Women *Beginning Level for All (BA)*

Date/Time:

Wednesday, November 18, 2019 from 8:30 am - 12:30 pm

Location:

201 Sheldon Blvd. SE, Grand Rapids, MI 49503 in the Grand Cayman Conference Room

Course Description:

Women have different pathways to the development of a substance use disorder, as well as different risk factors, treatment needs, and barriers to treatment, compared to those of men (SAMHSA, 2011). This course will provide: an overview of the effects of age and life transitions on alcohol and drug use in women; it will introduce a host of stressors and life circumstances that could be accompanied by significant changes in substance use and could be implicated in a woman's development of a substance use disorder. This course will explore barriers to treatment, treatment engagement strategies, and provide discussion about the applicability to current work with patients.

Course Facilitator(s):

This course will be presented by: Kayleen DePue, MA, LPC, CCS, CADC, EMT, has been working as a Trainer within the Workforce Development department since 2011. Kayleen's career has included providing residential & outpatient case management, counseling and group facilitation; clinical supervision and clinical systems management.

Course Objectives:

Participants will be able to:

- A. Define sex and gender difference that affect women's experience with substance use and substance use disorders (SUD).
- B. Identify common reasons that women/girls initiate substance use, potential risk factors related to substance use and protective factors against substance use.
- C. Describe 3 potential barriers to women seeking SUD treatment.
- D. Identify 2 ways to increase treatment engagement for women.

Course Outline:

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|-------------------------------------|------------|
| ▪ Intro to Topic & Objectives | 15 minutes |
| ▪ Why Gender and Sex Matters | 30 minutes |
| ▪ Initiation of Use Among Women | 30 minutes |
| ▪ Substance Use Across the Lifespan | 60 minutes |
| ○ Case Studies | |
| ○ Diverse Populations | |
| ▪ Barriers to Treatment Engagement | 30 minutes |
| ▪ Treatment Engagement Strategies | 30 minutes |
| ▪ Application - New Lenses | 30 minutes |
| ○ Large Group Discussion | |
| ▪ Questions & Evaluations | 15 minutes |

Learning Methods:

This course uses multiple methods to facilitate learning in individuals with a variety of learning styles. Methods include lecture with handouts, structured large and small group discussions, interactive activities, and case studies. Methods may include the use of audio and visual aids to enhance learning.

Assignments/Completion Requirements:

Trainees are asked to actively participate in all course activities including lecture, group discussion, dialogue with the instructor and interactive segments of the course. To successfully complete the course, participants will be asked to:

- Actively participate
- Attend for the entirety of the training
- Sign-in and sign-out on the attendance log.
- Complete the course evaluation

Those who do not meet the requirements for successful completion will not receive credit.

Fees:

There is no charge for any Cherry Health employee. There is a \$15.00 fee per training hour for non-Cherry Health employees. Refunds will not be given for partial completion of training. Cancellations must be communicated to Workforce Development at least one week prior to the training to be eligible for a refund less a \$10 administration fee. Please bring cash or check (made out to Cherry Health) with you on the day of the training. Failure to bring full payment on the day of the training may result in dismissal from the class.

Requests for Accommodations:

Please contact Donna Hattem at: donnahattem@cherryhealth.com at least 10 days in advance of the training if you have special needs as indicated by the ADA (Americans with Disabilities Act). Workforce Development requests that you be specific regarding the accommodations required. Every attempt will be made to meet your request.

Grievances:

If you have any questions, concerns, or grievances regarding this training please contact Donna Hattem at: donnahattem@cherryhealth.com. Workforce Development will adhere to the Grievance Policy to ensure all grievances are addressed in a timely manner.

Continuing Education Credits:

4 CEs: Social Work Continuing Education Contact Hours; MCBAP Specific hours; and Professional Development.

Credits and certificate awarded upon successful completion of the course. (**See section: Assignments/Completion Requirements**). Participants must be present for all 4 hours of the training to qualify for CEs and/or contact hours. Participants who are not employed by Cherry Health will receive a paper copy of a certificate upon successful completion of the training. Cherry Health employees will receive their certificate via HealthCare Source within one week of training completion.

Cherry Health, Provider # 1122, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Cherry Health maintains responsibility for this course. ACE provider approval period: 12/19/2018 – 12/19/2021. Social workers completing this course receive 4.0 clinical continuing education credits. Social Work Consultant: Rebecca London, LMSW, CAADC, CCS, approved through August 2020.