



Comprehensive. Quality. *Healthcare.*

## C180.M Medications for Treatment of Behavioral Health and Substance Related Disorders

*Beginning Level for All (BA)*

**Date/Time:**

Monday, December 2, 2019 from 3:00 PM – 4:30 PM

**Location:**

201 Sheldon Blvd. SE, Grand Rapids, MI 49503 in the Grand Cayman Conference Room

**Course Description:**

This course is intended for multidisciplinary providers who work with patients who experience: Behavioral Health, Substance Use Disorders, and/or Co-occurring Disorders. These multidisciplinary providers interact with people who are on a variety of medications for various health conditions. These medications can make it difficult to discern what symptoms may be a manifestation of underlying pathology, medication side effects, or overall medication effectiveness. This course will explore how and where to find out about the many medications that may be prescribed to these consumers. Barriers to medication adherence and strategies to increase patient education and compliance will be discussed. Emphasis on increasing providers knowledge of medications, barriers, and resources to provide the highest level of care to patients possible while honoring the dignity and autonomy of the patients.

**Course Facilitators:**

Brett Gingrich, Pharm D, is the Director of Pharmacy Services at Cherry Health. Brett has been working as a clinical pharmacist with Cherry Health since 2016. Taylor Pettit, LMSW, CAADC is a Trainer within the Workforce Development department. She has been with Cherry Health since 2013 and previously did clinical work as a therapist and case manager within integrated health settings.

**Course Objectives:**

Participants who complete this course will be able to:

- Recognize the overview of medication classes utilized for treatment of Behavioral Health and Substance Related Disorders
- Generalize the Epocrates training to everyday practice
- Identify, normalize, and discuss ambivalence when counseling patients for improving consistent adherence to medication regimen
- Describe common barriers for effective treatment and problem-solving ways to overcome those barriers

<b><u>Course Outline:</u></b>	
▪ Welcome & Introduction to Topic	5 minutes
▪ Objectives	5 minutes
▪ Overview of Medication Classes:	40 minutes
▪ Anti-Anxiety	
▪ Medication Assisted Treatment (MAT)	
▪ Anti-Depressant	
▪ Anti-Psychotics	
▪ Mood Stabilizers	
▪ Epocrates Application Training	15 minutes
▪ Medication Compliance	20 minutes
▪ Barriers	

▪ Problem Solving Barriers	
▪ Signs of Non-Adherence & Wellness recovery	
▪ Questions & Course Evaluations	5 minutes

**Learning Materials:**

This course uses multiple methods to facilitate learning in individuals with a variety of learning styles. Methods may include the use of audio and visual aids to enhance learning.

**Assignments/Completion Requirements:**

Trainees are asked to actively participate in all course activities including lecture, group discussion and on-line application training. Participants must sign-in and sign-out on the attendance log, be present for the entirety of the training, as well as complete the post evaluation to qualify for credits.

**Fees:**

There is no charge for any Cherry Health employee. There is a \$10.00 fee per hour for non-Cherry Health employees. Refunds will not be given for partial completion of training. Cancellations must be communicated to Workforce Development at least one week prior to the training to be eligible for a refund less a \$10 administration fee. Please bring cash or check (made out to Cherry Health) with you on the day of the training. Failure to bring full payment on the day of the training may result in dismissal from the class.

**Requests for Accommodations:**

Please contact Donna Hattem at: [donnahattem@cherryhealth.com](mailto:donnahattem@cherryhealth.com) at least 10 days in advance of the training if you have special needs as indicated by the ADA (Americans with Disabilities Act). Workforce Development requests that you be specific regarding the accommodations required. Every attempt will be made to meet your request.

**Grievances:**

If you have any questions, concerns, or grievances regarding this training please contact Donna Hattem at: [donnahattem@cherryhealth.com](mailto:donnahattem@cherryhealth.com). Workforce Development will adhere to the Grievance Policy to ensure all grievances are addressed in a timely manner.

**Continuing Education Credits:**

**1.5 CEs:** Social Work Continuing Education Contact Hours; MCBAP Specific hours; Ohio Nursing Association hours; and Professional Development.

Credits and certificate awarded upon successful completion of the course. Participants who are not employed by Cherry Health will receive a paper copy of a certificate upon successful completion of the training. Cherry Health employees will receive their certificate via HealthCare Source within one week of the training date.

Cherry Health, Provider # 1122, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Cherry Health maintains responsibility for this course. ACE provider approval period: 12/19/2018 - 12/19/2021. Social workers completing this course receive 1.5 clinical continuing education credits. Social Work Consultant: Rebecca London, LMSW, CAADC, CCS, approved through June 10, 2020.

Cherry Health is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91). Approved through August 10, 2021.