

## **C133M. Alcohol Use Disorders – Basics** *Beginning Level for All (BA)*

### **Date/Time:**

Thursday, January 30, 2020; 9 a.m. - 12 p.m.

### **Location:**

201 Sheldon Blvd. SE, Grand Rapids, MI 49503 in the Grand Cayman Conference Room

### **Course Description:**

This course will provide a basic overview of the effects of alcohol on the body. The course will provide an opportunity to identify acute physical effects of alcohol use on the body's systems and how alcohol is absorbed by the body. This course will explore the continuum of alcohol consumption, intoxication and withdrawal, as well as, alcohol related health risks. This course will review the difference between Alcohol Use Disorder and Alcoholism.

### **Course Objectives:**

Participants who complete this course will be able to:

1. Identify at least 2 symptoms of Alcohol Intoxification
2. Identify at least 2 symptoms of Alcohol Withdrawal
3. Identify 1 factor related to how alcohol is absorbed
4. Identify 2 potential health risks of alcohol use
5. Describe the difference between Alcohol Use Disorder and Alcoholism

### **Course Facilitators:**

Kayleen DePue, MA, LPC, CCS, CADC, EMT, has been working as a Trainer within the Workforce Development department since 2011. Kayleen's career has included providing residential & outpatient case management, counseling and group facilitation; clinical supervision and clinical systems management.

### **Course Outline:**

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|---|--------|
| ▪ Introduction to topic & Objectives          | 15 min |
| ▪ Alcohol facts & statistics                  | 10 min |
| ▪ Types of Alcohol                            | 15 min |
| ▪ Acute Physical Effects of Alcohol           | 20 min |
| ○ Digestive System                            |        |
| ○ Heart & Circulatory System                  |        |
| ○ Endocrine System                            |        |
| ○ Central Nervous System                      |        |
| ▪ Factors that affect how alcohol is absorbed | 20 min |
| ▪ Intoxication – signs & symptoms             | 15 min |
| ○ Black outs                                  |        |
| ○ Hangovers                                   |        |
| ▪ Withdrawal – signs & symptoms               | 20 min |
| ▪ Health risks of alcohol use                 | 15 min |
| ▪ Alcohol Interactions with other Drugs       | 15 min |
| ▪ Alcohol Use Disorder vs. Alcoholism         | 20 min |
| ▪ Questions, Evaluations                      | 15 min |

**Learning Materials:**

This course uses multiple methods to facilitate learning in individuals with a variety of learning styles. Methods may include lecture with handouts, structured large and small group activities and case studies. Methods may include the use of audio and visual aids to enhance learning.

**Assignments/ Completion Requirements:**

Participants are encouraged to actively engage in dialogue with the instructor and other participants during interactive segments of the course. Participants must sign-in and sign-out on the attendance log, be present for the entirety of the training, as well as complete the post evaluation to qualify for CE credits.

**Fees:**

There is no charge for any Cherry Health employee. There is a \$10.00 fee per hour for non-Cherry Health employees. Refunds will not be given for partial completion of training. Cancellations must be communicated to Workforce Development at least one week prior to the training to be eligible for a refund less a \$10 administration fee. Please bring cash or check (made out to Cherry Health) with you on the day of the training. Failure to bring full payment on the day of the training may result in dismissal from the class.

**Requests for Accommodations:**

Please contact Donna Hattem at: [donnahattem@cherryhealth.com](mailto:donnahattem@cherryhealth.com) at least 10 days in advance of the training if you have special needs as indicated by the ADA (Americans with Disabilities Act). Workforce Development requests that you be specific regarding the accommodations required. Every attempt will be made to meet your request.

**Grievances:**

If you have any questions, concerns, or grievances regarding this training please contact Donna Hattem at: [donnahattem@cherryhealth.com](mailto:donnahattem@cherryhealth.com). Workforce Development will adhere to the Grievance Policy to ensure all grievances are addressed in a timely manner.

**Continuing Education Credits:**

**3 CEs:** Social Work Continuing Education Contact Hours; MCBAP Specific hours; Ohio Nursing Association hours; and Professional Development.

Credits and certificate awarded upon successful completion of the course. Participants who are not employed by Cherry Health will receive a paper copy of a certificate upon successful completion of the training. Cherry Health employees will receive their certificate via HealthCare Source within one week of the training date.

Cherry Health is approved provider of continuing education through MCBAP

Cherry Health, Provider # 1122, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Cherry Health maintains responsibility for this course. ACE provider approval period: 12/19/18-12/19/21. Social workers completing this course receive 3 clinical continuing education credits. Social Work Consultant: Rebecca London, LMSW, CAADC, CCS; approved: November 15, 2018 through November 15, 2019.

Cherry Health is approved as a provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91).